

30+ Years as a Campus-Community Partnership working alongside children, families, and educators across Connecticut to build meaningful relationships and deliver impactful educational programs focused on healthy eating and physically active lifestyles.

SUMMERTIME IMPACT

Educational Programs

Husky Reads

Husky Reads combines the benefits of reading with the building blocks of healthy nutrition and physical activity. Weekly sessions include engagement with relevant books, tastings, and physically active games or activities.

- Focused on PreK Students
- Summertime partners: Early Childhood Education Centers

Husky Nutrition & Sport Clinics

Husky Nutrition & Sport Clinics provide an age-appropriate curriculum focused on MyPlate themed nutrition lessons, healthy snack preparation and tasting, physically active games, and exposure to a wide range of sports.

- Focused on youth ages 5-18
- Summertime partners: Summer Camps, Youth-Focused Community Organizations, Community Recreation Centers

Husky Nutrition Workshops

Husky Nutrition Workshops engage small groups in nutrition education and interactive cooking classes. Topics include food resource management, food prep safety, and idea sharing around healthy cooking and eating.

- Focused on seniors, adults, and caregivers
- Summertime partners: Health Care and Senior Centers, Public Libraries, Community Recreation Centers

“ Summertime is always fun for us as staff and for the newly hired students who will be delivering our programs in the community. It takes many hours of very intentional work tailored to the development of the students and to the correct program alignment for our partnering sites. Our students always learn a lot from the programs they facilitate but more importantly, they learn from our community partners and the participants who come to our programs. ”

- Catalina, Registered dietitian and community education specialist with UConn HNS

Fund UConn HNS Summertime Collaborative Expansive Community Impact and Workforce Development

\$50,000
per yer will provide...

- 240+ Educational Programs with 1,100+ Participants
- 75+ Hours of Workforce Training and Development Sessions for UConn Students
- 225+ Hours of Community Engagement and Experiential Learning for UConn Students

Summer Scope

240+
Program Sessions

1,100+
Prek-12th Participants

25+
Community Partners

5
Towns in Connecticut
Hartford, Bloomfield, East Hartford, Manchester, New London

6
Full-Time UConn HNS Staff

2
Graduate Assistants

1
Week of Orientation

9
Weekly Sessions of Professional Development

UConn Student Summer Team

- \$5,000 Summer Internships
- 10 UConn Students Each Summer

Each summer UConn HNS works to recruit, hire, and support new UConn students to work alongside partners and participants to plan, deliver, and evaluate community-based programs. Prioritizing both community impact and workforce development, the summertime team is dedicated to facilitating high-quality nutrition and physical activity education sessions while also gaining invaluable knowledge and experience.