

30+ Years as a Campus-Community Partnership working alongside children, families, and educators across Connecticut to build meaningful relationships and deliver impactful educational programs focused on healthy eating and physically active lifestyles.

## COMMUNITY ENGAGEMENT ANNUAL SCOPE

### Husky Reads

**800+** PreK Students  
**400+** Program Sessions  
**15+** Early Childhood Education Centers

- Since 1998, Husky Reads has combined the benefits of reading with the building blocks of healthy nutrition and physical activity. The learning objectives aim to increase MyPlate and food group knowledge, the ability to name fruits and vegetables, the willingness to eat a variety of foods, and engagement with games, play, and exercise.

### Husky Sport @ Wish School

**400+** PreK-5<sup>th</sup> Students  
**400+** Program Sessions  
**1** Elementary School Partner

- Since 2006, Husky Sport has partnered with Hartford Public Schools to lead planning, delivery, and evaluation of school based healthy lifestyle interventions. Students, educators, families, and UConn HNS staff work together to promote physical activity, healthy nutrition, transferable life skills, and academic enrichment within the Hartford community.

### Grow Community Impact in Connecticut and at UConn

**\$250,000**  
over 5 years will provide...

### Husky Nutrition & Sport Clinics

**800+** PreK-12<sup>th</sup> Students  
**100+** Program Sessions  
**10+** Community Partners

- Since 2010, Husky Nutrition & Sport Clinics (HNS Clinics) have collaborated with community partners to offer nutrition and physical activity education. HNS Clinics provide an age-appropriate curriculum focused on MyPlate-themed nutrition lessons, healthy snack preparation, tastings, and sports, offered through school programs, youth organizations, public rec centers, and summer camps.

### Husky Nutrition Workshops

**600+** Adult Participants  
**50+** Program Sessions  
**10+** Community Partners

- Since 2012, Husky Nutrition Workshops have engaged small groups of seniors, adults, and adult caregivers of children focused on nutrition education and interactive cooking classes. Sessions are hosted in collaboration with partnering health care and senior centers, public libraries, recreation centers, and schools. Single sessions and series of workshops are both offered in-person and virtually, with a focus on food resource management, food prep safety, and sharing ideas on healthy cooking and eating.

- Support for 5,000+ Education Sessions with 15,000+ Community Participants
- Support for 500+ UConn Students as the complete 25,000+ Hours of Structured Learning and Community-Based Engagement
- Funding for 15 Graduate Assistants working with UConn HNS as they develop towards careers as Future Classroom Teachers, Social Workers, and Leaders in Community