

30+ Years as a Campus-Community Partnership working alongside children, families, and educators across Connecticut to build meaningful relationships and deliver impactful educational programs focused on healthy eating and physically active lifestyles.

CULTURE OF HEALTH @ WISH SCHOOL

UConn HNS everyday presence at Fred D. Wish Museum School in Hartford, CT alongside PreK-5th grade students, school staff, families, and community partners works towards a larger "Culture of Health @ Wish School"

Educational Program Annual Scope

Husky Reads

Combines reading with healthy nutrition, snack tastings, along with physical activity and play

30+ PreK Students
5+ Wish School Educators
2 Classrooms
20+ Program Sessions

Husky Growth

Reinforces healthy nutrition and engages students in activities through 4-week thematic cycles based on USDA's MyPlate and physical activity curriculum

200+ 3rd-5th Students
15+ Wish School Educators
8 Classrooms
200+ Program Sessions

Husky Move

Develops functional movement skills, introduces different sports, and combats childhood obesity by integrating physical activity in Wish School's curriculum and recess

400+ Students
30+ Wish School Educators
17 Classrooms
200+ Program Sessions

Ready, Set, Read!

Supports youth literacy aligned with Hartford Public Schools' curriculum, while promoting healthy nutrition and physical activity

200+ K-2nd Students
15+ Wish School Educators
7 Classrooms
200+ Program Sessions

Husky Nutrition & Sport Clinics

Provides MyPlate-themed nutrition lessons, hands-on healthy snack prep and tastings, active games, and sports during after-school sessions

50+ 3rd-5th Students
5+ After School Staff
50+ Program Sessions

Husky Nutrition Workshops

Offers interactive cooking classes on healthy meal prep, food safety, resource management, and idea sharing for families and caregivers of the Wish School Community

50+ Adult Participants
5+ Wish School Educators
15+ Program Sessions

Wish is a hub for connectivity, collaboration, staff meetings, consistent weekly schedules, and more...

4+ Full-Time Staff

5+ Interns

10+ Graduate Assistants

30+ Service-Learning Students

Enhance our Partnership Model School-Community-University

\$50,000
per year will provide...

- Funding for 3 Graduate Assistants working @ Wish School as they develop towards careers as Future Classroom Teachers
- Weekly Snacks and Nutrition Education Lessons for 350+ Students
- Sports and Playground Equipment with weekly facilitated structured play opportunities for 350+ Students

School-wide Collaborations

UConn HNS partners with students, families, educators, and community members to enhance nutrition and physical activity education as part of the larger culture of the Wish School community.

