

# UConn

HUSKY NUTRITION & SPORT

## WAYS TO GET INVOLVED

UConn HNS operates as a Campus-Community Partnership within the city of Hartford, as well as many towns and partner sites throughout the state, and as part of the University of Connecticut. UConn HNS facilitates engagement alongside children, adults, families, students, and partners to enhance the health and wellness of participants and their communities.

For more information visit [s.UConn.edu/HNS](https://uconn.edu/HNS)



Major features of the UConn HNS model are the intentional approaches and sustained successes focused on the recruitment, funding, support, development, and promotion of UConn students and staff. This document outlines a range of courses and professional opportunities available as part of the team and work of UConn Husky Nutrition & Sport. We hope that you consider the different ways to get involved and reach out to discuss your interest.

## Affiliated Courses

While there are different entry points, many students will initially enroll in one of our affiliated courses to first gain exposure and experience with the work, values, and partnerships of UConn HNS.

See page 2 for more information on affiliated courses.

- **Husky Reads: Food & Nutrition with Children through Literacy**
- **Introduction to Sport Based Youth Development**
- **Paid Internship for Course Credit with UConn HNS**

## Program Leader Paid Positions

UConn Husky Nutrition & Sport, led by full-time staff, faculty, and experienced Program Leaders, operates with five organizational teams that work in collaboration to manage the different areas of our work. Across these organizational teams are a range of Program Leader Paid Positions available for individuals who demonstrate strong alignment with the values and work of UConn HNS, as well as a commitment to individual and professional learning and development.

See page 3 for more information on paid roles.

- **People | Development**
- **Partners | Education**
- **Operations | Transportation**
- **Impact | Evaluation**
- **Communications | Media**

## Affiliated Courses

Affiliated Courses explore frameworks and concepts that guide our work and provide opportunities to get first-hand experience with UConn HNS partners and programs. Courses are clustered in the Department of Educational Leadership in the Neag School of Education, however, we welcome students across academic disciplines - connect with course instructors if you want to learn more.

### Husky Reads: Food & Nutrition with Children through Literacy

**EDLR 1161 or NUSC 1161 | 2 Credits**

Three course sections offered per fall and spring semester, in affiliation with Husky Reads and UConn HNS community partner sites.

Students enroll in one specific course section that meets one morning per week (Tuesday, Wednesday, or Thursday) and engage in visits with consistent Early Childhood Education Centers (PreK students). Students work to support planning, delivery, and evaluation of educational sessions focused on literacy skill development, nutrition, and physical activity.

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### Introduction to Sport Based Youth Development

**EDLR 3547 / 3547W / 5518 | 4 Credits**

A required course for Sport Management Majors, class sections are also available for students to meet plan of study requirements such as Undergraduate General Education, Writing Intensive, and Graduate Student Elective courses.

Class discussions, written reflection papers, and group projects are guided by Critical Service Learning and other frameworks that inform authentic relationship building, a social change orientation, and working to redistribute power among diverse participants. Students complete 40 Hours of community engagement as part of UConn HNS partner sites, predominantly in the North End Hartford community.

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### Paid Internship for Course Credit with UConn HNS

**EDLR 3090 / 3091 | 1-6 Credits**

Students can enroll in 1-6 credits across fall, spring, and summer semesters. Student and faculty collaboration required for student enrollment.

Individualized work plans are developed between students and instructor/supervisor to ensure consistent weekly expectations and work hours. Roles with UConn HNS are co-designed to support students' learning goals, skill development, and practical work experience.

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## Program Leader Paid Positions

Roles encompass undergraduate and graduate student staff, paid internships, special payroll positions, graduate assistants, and AmeriCorps members. There are different pathways for entry and sustained involvement with UConn HNS. Program Leaders Paid Positions often following strong participation in affiliated courses, as well as from referrals by student peers, community partners, and campus partners. UConn HNS staff is excited to work with and support cool and talented personnel as part of our larger work on campus and in communities across the state. Paid Positions start at \$16/hr - pay rate, but can vary depending on student status, experience, and organizational need. Please visit our website to learn more about specific roles.

## Partners Team

Leads community-based collaborative partnerships, as well as planning, delivery, and evaluation for all UConn HNS direct education programs. Roles as part of the Partners Team work to support direct education programs, engagement with youth and adult participants, and UConn students completing affiliated courses.

### Partners Team Program Leaders

- Develop relationships and sustain consistent engagement alongside UConn HNS partners and participants in support of direct education programs.
- Many past Program Leaders have often continued their involvement following successful participation in UConn HNS affiliated courses, often as a Van Driver / Shift Leader. Additional and specialized paid opportunities are offered during summertime months and for graduate school students based on program needs of UConn HNS

## Operations Team

Leads coordination of logistics and systems in areas such as staff and student hiring, certifications, data tracking, and grant reporting across UConn HNS. Roles as part of the Operations Team work to support our partnership with the Office of Community Outreach (CO) and meet student and staff transportation needs as required for courses, programs, and community engagement.

### Operations Team Program Leaders

- Van Drivers to facilitate safe and reliable transportation for community engagement shifts. Van drivers needed to accommodate van trips at different times and days throughout the week.
- Work alongside lead staff and faculty to manage communications and logistics of van rentals, driver training and support, scheduling, student-signups, budgeting, tracking systems, and reporting requirements.

## People Team

Leads planning, delivery, and evaluation of our organizational-wide and program-specific structured approach for holistic and professional development. Roles as part of the People Team work alongside faculty and staff to support UConn HNS staff, students', and partners' developmental learning as part of a "Community of Practice".

### People Team Program Leaders

- Contribute to leadership of fall and winter staff retreats, monthly organizational-wide meetings, and program-specific meetings.
- Collaborate with campus and community partners to identify and develop opportunities that support continuous shared learning, as well as skill development and practical application of new knowledge.

## Impact Team

Leads development, implementation, analysis, and reporting of impact, research, and evaluation efforts alongside participants, partners, and programs across UConn HNS. Roles as part of the Impact Team primarily work to support Partners Team planning and evaluation of direct education programs and policy, systems, and environment (PSE) change strategies.

### Impact Team Program Leaders

- Develop and support program evaluation protocols, data collection, data analysis, and grant reporting, including delivering trainings for staff and students.
- Learning and skill-building opportunities may also include grant writing and reporting, IRB and research proposal development, academic research, and conference presentations.

## Communications Team

Leads development and distribution of informational and promotional documents, content for digital platforms, and production of curriculum assets. Roles as part of the Communications Team work to support UConn HNS organizational teams engagement with participants, partners, and an extended online audience, with a focus on nutrition and physical activity education. Opportunities available based on existing and developing skill sets, with software and equipment needs supported by UConn HNS.

### Communications Team Program Leaders

- Develop campaigns for web and social media platforms, including strategic and creative content creation and distribution, analytics and analysis of engagement, and organizational reporting.
- Multimedia content development and production including print and digital graphic design, illustration, animation, film, video game creation, photography, and more to support HNS programs.

# Connect

**UConnHNS@uconn.edu**

Learn more about roles at [huskynutritionssport.education.uconn.edu](https://huskynutritionssport.education.uconn.edu)



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